



Native American Professional Parent Resources, Inc.  
Resource Manual for Sandoval County,  
New Mexico

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### **Abrazos Family Support Services**

412 Camino Don Tomas  
Bernalillo, NM 87004  
(505) 867-3396-105

[www.abrazosnm.org](http://www.abrazosnm.org)

**Hours of Operation/Scheduling Appointments:** M - F 8:00am to 4:30pm.

Provide a variety of specialized health and developmental services that support families to meet the special needs of their infants, children and adult family members. This includes developmental assessment and evaluation, developmental intervention and service coordination, case management for Medicaid eligible pregnant women and babies, and respite care.

Eligibility is based on the State's criteria for developmental disability or for developmental delay. Medicaid is accepted and there is the option of a sliding scale based on income.

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### **PB&J Family Services**

255 #A Camino del Pueblo  
Bernalillo, NM 87004  
(505) 867-2356

[www.pbjfamilyservices.org/](http://www.pbjfamilyservices.org/)

A pre-school program and support services are offered for families who are at risk with children age 5 and under. Support services include counseling and art therapy. Parents are required to attend the preschool with their children. Home-based programs and Prison-related family support programs are also available. There is no cost for services. Call for more information.

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### **Five Sandoval Indian Pueblos, Inc.**

1043 Hwy 313  
Bernalillo, NM 87004  
(505) 867-3351

[www.fsipinc.org/](http://www.fsipinc.org/)

Services to Native American Indians residing in the five Pueblo communities of Cochiti, Santa Ana, Jemez, Zia and Sandia: WIC, behavioral health services, elderly programs, Head Start Program, food distribution program, and the employment and training project.

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### **Presbyterian Medical Services Early Head Start Home Visiting and Head Start Programs**

100 Ricardo Ln Bernalillo, NM 87004  
771-0647

#50 County Rd 13 Cuba, NM 87013  
(575)289-3211 X 1502

32 Unser Blvd. Rio Rancho, NM 87124  
891-5162

[www.pms-inc.org/](http://www.pms-inc.org/)

The Early Head Start (EHS) and Head Start programs primarily serve low income families. EHS is for prenatal through age 3 and Head Start is for ages 3-5. Families are provided with health, nutrition, education, social services, and preparation for Kindergarten.

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### **Shining Stars Early Learning Center**

4477 9th Ave NE  
Rio Rancho, NM 87124  
(505) 892-7735

Early learning preschool. Go to following link for more information:

<http://shiningstars.rpps.net/?sessionid=99c5149d3af31650c9261f2b9d823763&t>

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### **Birthright**

2704 Southern Blvd SE suite 7  
Rio Rancho, NM 87124  
(505) 891-1430

<http://birthrightpregnancycounseling.homestead.com/>

Services include pregnancy tests, clothing, and supplies for the newborn. There is no charge.

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### **Nearly New**

836 Camino del [Pueblo](#)  
Bernalillo, NM 87004  
(505) 771-8228

Nearly New has used, second-hand clothing for women and children.



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**Storehouse West**

1030-F Veranda Dr. SE  
Rio Rancho, NM 87124  
(505) 892-2077

Provide food, clothing, and some toys for children. Call for more information. Eligibility criteria must be met.

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**First Baptist Church of Rio Rancho**

390619th Ave SE  
Rio Rancho, NE 87124  
(505) 892-1323

Provides clothing for families in need. Call for more information.

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**Nacimiento Medical Foundation**

6362 Hwy 550  
Cuba, NM 87013  
(505) 289-3718

Assistance available for food, clothing, housing, education and more. Please call for details of services.

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**Sandoval County Health Commons' Family Support Program  
(Public Health Office)**

1500 Idalia NW  
Bernalillo, NM 87004  
(505) 867-2291

[www.sandovalhealth.org](http://www.sandovalhealth.org)  
[www.health.state.nm.us](http://www.health.state.nm.us)

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**Pearly Whites Dental Hygiene Clinic, Inc**

2200 Grande Blvd Ste. A  
Rio Rancho, NM 87124  
(505) 891-1500

Dental services. Medicaid accepted

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**Jemez Social Services**

P.O. Box 340  
Jemez, NM 87024  
(575) 834-7117

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**Cochiti Social Services**

P.O. Box 70  
Cochiti Pueblo, NM 87072  
(505) 465-2244

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**Share Your Care Adult Day Services**

103 Rio Rancho Rd.  
Rio Rancho, NM 87124  
(505) 298-1700 x31

<http://shareyourcare.org/>

Serves adults with disabilities. Sliding scale available based on income.

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**Senior Center**

110 Sheep Spgs  
San Ysidro, NM 87053  
(575) 834-9168

[www.jemezpuablo.org](http://www.jemezpuablo.org)

Meals, recreational activities and outreach for elders; community energy assistance program.

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**Workforce Connection of Central New Mexico**

661 Quantum Road  
Rio Rancho, NM 87124  
(505) 896-1765

[www.dol.state.nm.us](http://www.dol.state.nm.us)

Services available for job seekers. Please call or visit the website.

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**Read West**

2009 Grande Blvd.  
Rio Rancho, NM 87124  
(505) 892-1131

[www.readwest.org](http://www.readwest.org)

Tutoring for adults, ESL, and help with work and like skills. Call for more information.

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**St. Vincent de Paul Society**

301 Camino Del Pueblo  
Bernalillo, NM 87004  
(505) 771-4931

Includes food pantry, Senior Wellness Program, and financial assistance (one time per year).

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**Meadowlark Methodist Food Pantry**

4200 Meadowlark Ln. SE  
Rio Rancho, NM 87124  
(505) 891-4206

[highdesertumc@cablone.net](mailto:highdesertumc@cablone.net)

Provides food to qualifying residents of Sandoval County. Call for more information

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**Arms of Love Fellowship**

1700 Southern Blvd. SE  
Rio Rancho, NM 87124  
(505) 994-2854

Weekly support groups to help people overcome any addiction and emergency food assistance is also available.

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**Sandoval County Income Support Division**

830 Camino del Pueblo  
Bernalillo, NM 87004  
(505) 771-6334  
[www.hsd.state.nm.us/isd](http://www.hsd.state.nm.us/isd)

Food Stamps, Medicaid, TANF (cash assistance) and Low Income Heat and Energy Assistance (LIHEAP) programs. Call for more information.

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### **Family Services for Children**

1520 Deborah Rd. SE  
Rio Rancho, NM 87124  
(505) 994-4931

Family Services is primarily for abused and neglected children with cases being sent by district court and CYFD. Family Services helps with providing supervised visits between children and their parents. There are also Parent Mentoring classes available.

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### **Care-Net Pregnancy Center of Rio Rancho**

1520 Deborah Rd. Ste. I  
Rio Rancho, NM 87124  
(505) 896-2305

[www.carenetabq.org](http://www.carenetabq.org)

24 hour help line, free pregnancy tests, ultrasounds, educational information, counseling, ongoing support, community referrals, abstinence education, Earn While You Learn, post-abortion stress counseling for men and women, and Mourning To Joy And The Stand By Me Mentoring Program. There is no charge.

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### **Mediation Services of New Mexico**

7100 Idalia Rd. NE  
Rio Rancho, NM 87144  
(505) 867-6550

Mediation provided for family and school issues. If family has no transportation, arrangements may be made. Call for more information.

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### **Mom's Club**

Rio Rancho and Albuquerque  
(505) 326-5333

[www.momsclub.org](http://www.momsclub.org)

A club for mother's that includes various activities. Call or look at website for more information.

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**Bernalillo Public Schools Spartan Wellness Center**

250 Isidro Sanchez Road  
Bernalillo, NM 87004  
(505)404-5152

**Hours of Operation/Scheduling Appointments:** M - F 8:00am to 3:30pm.

The Bernalillo Public Schools Spartan Wellness Center is located at Bernalillo High School and is a DOH funded School Based Health Center which provides primary and mental health care for children and families of the Bernalillo Public School district.

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**Divine Mercy Clinic**

160 Calle del Norte,  
Bernalillo, NM 87004  
(505) 867-8239

Acupuncture, herbal medicines and homeopathic remedies. A sliding scale option is available based on income.

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**El Pueblo Health Services, Inc.**

121 Calle del Presidente  
Bernalillo, NM 87004  
(505) 867-2324

Family practice, non-surgical women's health care, newborn care, minor surgeries, preventative services, immunizations, family planning, diabetes prevention, and access to the State Breast and Cervical program. Sliding Fee Scale is available for residents of New Mexico; there is a \$20 minimum co-pay. Must bring proof of income and New Mexico residency.

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**Planned Parenthood - Rio Rancho**

4300 Ridgecrest Drive  
Rio Rancho, NM 87124  
(505) 899-7900

[www.ppnewmex.org](http://www.ppnewmex.org)

Family planning, STD testing and treatment, pregnancy tests, abortions, annual exams, various contraceptive methods, and treatment for urinary infections.

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**PMS Health Clinic Counselor Navajo Chapter**

Counselor Navajo Chapter  
NM  
(575) 568-4328

<http://www.pms-inc.org>

Medical services are offered. Call for more information regarding services and eligibility

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**Presbyterian Medical Services Rio Rancho Family Health Center**

184 Unser Blvd NE  
Rio Rancho, NM 87124  
(505)896-0928

Various medical and behavioral health services are offered. Sliding scale is available based on income.

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**Cuba Public Health Office**

6362 Highway 550  
Cuba, NM 87013  
(505) 841-4167

[www.health.state.nm.us](http://www.health.state.nm.us)

Medication applications available, family planning services, immunizations, and WIC.

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**Presbyterian Medical Services Cuba Health Center (Cuba)**

6349 Hwy 550  
Cuba, NM  
(505) 289-3291

Includes medical, dental, and behavioral health services. Sliding scale available based on income. Call for more information.

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### **Jemez Comprehensive Health Center**

110 Sheep Springs Way  
Jemez, NM 87024  
(575) 834-7413

[www.jemezpuablo.org](http://www.jemezpuablo.org)

The Jemez Comprehensive Health Center hosts a medical clinic, dental clinic, pharmacy and radiology services. JHHS also offers several community health programs

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### **Community Wellness**

4351 Highway 290  
Jemez, NM 87024  
(575) 834-7059

[www.jemezpuablo.org](http://www.jemezpuablo.org)

Fitness and exercise programs; Fitness Center.

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### **Rebuilding Together Sandoval County**

Rio Rancho, NM  
(505) 896-3041

Offers to repair and rehabilitate the homes of low-income families, elderly and people with disabilities in the Sandoval County area. Must qualify. Call for more information.

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### **Community and Indian Legal Services of Northern NM**

Santa Ana Pueblo, NM  
(505)867-3391

Assistance programs for low income people. Call for more information.

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### **Town of Bernalillo - Department Of Housing Services**

857 Calle Los Mayores  
Bernalillo, NM 87004  
(505) 867-2792 x21

<http://www.townofbernalillo.org/depts/housing.htm>

Information and applications for Section 8 and public housing. Call for more information.

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### **John Rinaldi Apartments**

492 Camino del Pueblo #F1  
Bernalillo, NM 87004

(505) 867-9778

*Primarily for those who are low income. Call for more information.*

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### **Arrowhead Ridge Apartments**

4515 Arrowhead Ridge Dr. SE #1001  
Rio Rancho, NM 87124

(505) 892-2988

There is an application fee of \$35.00. Lease lengths are usually up to a year. Call for more information.

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### **Empowering our Communities in New Mexico**

125A Calle Don Francisco  
Bernalillo, NM 87004  
(505) 867-3374

[smoore@eocnm.org](mailto:smoore@eocnm.org)

Services include home owner rehabilitation, homeless services, financial Literacy training, individual development accounts, shelter plus for care (for chronically homeless people with disabilities – primarily substance dependent, severe mental health, or HIV Aids patients). There is no cost for services.

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**Sandoval County Income Support Division**

830 Camino del Pueblo  
Bernalillo, NM 87004

(505) 771-6334

Food Stamps, Medicaid, TANF (cash assistance) and Low Income Heat and Energy Assistance (LIHEAP) programs. Call for more information.

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**Medical Social Work**

Jemez, NM 87024

(575) 834-3059

[www.jemezpuablo.org](http://www.jemezpuablo.org)

Help accessing state and federal assistance programs, including Medicaid and Medicare.

Benefits Coordinator (575) 834-3040

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**Bernalillo Public Schools Spartan Wellness Center**

250 Isidro Sanchez Road  
Bernalillo, NM 87004

(505)404-5152

**Hours of Operation/Scheduling Appointments:** M - F 8:00am to 3:30pm.

The Bernalillo Public Schools Spartan Wellness Center is located at Bernalillo High School and is a DOH funded School Based Health Center which provides primary and mental health care for children and families of the Bernalillo Public School district.

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**Guidance Foundation, Inc.**

4200 Meadowlark LN SE Ste. 3  
Rio Rancho, NE 87124

(505) 892-3639

[PNJanice@aol.com](mailto:PNJanice@aol.com)

Primarily offers counseling services. Call or email for more information.

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**Presbyterian Medical Services Veteran and Family Support Services**

184 Unser NE  
Rio Rancho, NM 87124

(505) 506-0390

Behavioral Health Services. Call for more information.

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**PMS Ojo Encino Navajo Chapter Health Clinic**

Ojo Encino Navajo Chapter  
NM

(505) 731-2268

Medical services are offered. Call for more information regarding services and eligibility.

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**PMS Health Clinic Counselor Navajo Chapter**

Counselor Navajo Chapter  
NM

(575) 568-4328

<http://www.pms-inc.org>

Medical services are offered. Call for more information regarding services and eligibility.

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### **CanSurvival**

3824 Corrales Road  
Corrales, NM 87048

(505) 899-5727

[info@CanSurvival.org](mailto:info@CanSurvival.org)

A variety of services for people who have been diagnosed with cancer. Call or go to website for more information.

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### **Jemez Behavioral Health Program**

P.O. Box 279  
Jemez, NM 87024

(575) 834-7258

[www.jemezpuablo.org](http://www.jemezpuablo.org)

Mental health and substance abuse counseling, treatment and aftercare for adults, youth and children.

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### **Sandia Social Services**

203 Sandia Day Sch. Rd  
Bernalillo, NM 87004

(505) 867-4696

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### **Santo Domingo Social Services**

Tesque St.  
Santo Domingo Pueblo  
New Mexico 87052

465-0630/ 465-2214

Provides general social services to the community through social welfare programs, social work, human services, and community development.

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**Injury Prevention**

Jemez, NM 87024

(575) 834-3072

[www.jemezpuablo.org](http://www.jemezpuablo.org)

Education and outreach on safety issues and pet management.

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**Jemez Transportation Services**

5123 Highway 4

San Ysidro, NM 87053

(575) 834-1001

[www.jemezpuablo.org](http://www.jemezpuablo.org)

Transportation for medical appointments.

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**Tribal Enrollment**

Jemez, NM 87024

(575) 834-3151

Certificates of Indian Birth (CIBs), birth, death and marriage certificates; enrollment statistics.

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**Vocational Rehabilitation**

4483 Highway 4

Jemez, NM 87024

(575) 834-0012

Vocational rehabilitation for enrolled tribal members with disabilities living in the Pueblos of Jemez, Zia or Santa Ana.