Albuquerque Area Dental Support Center
Resource Collection

Resources Available
Binders
Books
Electronic Media
Patient Education Material

To place an order
dentalsupportcenter@nappr.org
or call 505.922.4246

The Dental Support Center invites suggestions for additions to the collection.
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Binders

Caries Diagnosis, Risk Assessment and Management: A Practical Guide
This training program focuses on the concept of a risk-based medical model to manage dental caries. The model approaches dental caries as an infectious disease and provides a framework for decision-making to determine a patient’s risk of decay and appropriate preventive and treatment strategies. It is an evidence-based approach to preventive and restorative procedures that considers both the clinician’s judgment and available resources. The model is clinically oriented and addresses individual and family treatment planning and oral health care services.

The modules are developed in an training format and pace can be tailored to your clinic schedule.
Also available electronically through the IHS Dental Portal. www.doh.ihs.gov. Click the “Clinic” tab after logging in.

Books

Bright Futures in Practice: Oral Health
Designed to help health professionals implement specific oral health guidelines during pregnancy and postpartum, infancy, early childhood, middle childhood, and adolescence. Also addresses risk assessment for dental caries, periodontal disease, malocclusion, and injury.
Website: www.mchoralhealth.org/pocketguide/

Dentistry, Dental Practice and the Community
This resource, by Brian A. Burt and Stephen A. Eklund, presents dentistry and dental practice against the ever-changing backdrop of economic, technological, and demographic trends, as well as the distribution of the oral diseases that dental professionals treat and prevent. Dealing with the development of the dental and dental hygiene professions, demographics of the public, its use of dental services, and the professional role. Also covers the structure and financing of dental care, the personnel involved in providing that care, and the emerging field of evidence-based dentistry.
Website: www.dent.unc.edu/patient/clinics/pediatric

Early Childhood Caries: A team Approach to Prevention and Treatment
This comprehensive textbook by Dr. Peter Milgrom and Dr. Philip Weinstein discusses dental fear and provides essential information on all aspects of the successful management of dental patients and the prevention of their dental fears. Practical knowledge for the entire dental staff.
Website: www.mchoralhealth.org/pocketguide/
Books

**Motivational Interviewing in Health Care: Helping Patients Change Behavior**

Much of health care today involves helping patients manage conditions whose outcomes can be greatly influenced by lifestyle or behavior change. Written specifically for health care professionals by Stephen Rollnick, William R. Miller and Christopher C. Butler, this concise book presents powerful tools to enhance communication with patients and guide them in making choices to improve their health – from weight loss, exercise, and smoking cessation to medication adherence and safer sex practices. Engaging dialogues and vignettes bring to life the core skills of motivational interviewing and show how to incorporate this brief evidence-based approach into any health care setting. Appendices include training resources and publications on specific medical conditions.

Website: [http://testingcenter.uthscsa.edu/](http://testingcenter.uthscsa.edu/)

**Practical Oral Care for People with Developmental Disabilities: Making a Difference**

To achieve and maintain good oral health, people with mild or moderate developmental disabilities often require a special approach to dental care. With some adaptation of the skills dental professionals use every day, most people with special needs can be treated successfully in the general practice setting. The publications present an overview of physical, mental, and behavioral challenges common in patients with autism, Down syndrome, cerebral palsy, and intellectual disability and offer strategies for providing oral care. Produced by National Institute of Dental and Craniofacial Research and the National Oral Health Information Clearinghouse.

CDE: 2 hours (mail-in)

**Treating Tobacco Use and Dependence**

Clinical Practice Guidelines 2008 Update is a product of the Tobacco Use and Dependence Guideline Panel, consortium representatives, consultants, and staff. This Guideline is an updated version that contains strategies and recommendations designed to assist clinicians; tobacco dependence treatment specialists; and health care administrators, insurers, and purchasers in delivering and supporting effective treatments for tobacco use and dependence. Produced by the US Department of Health and Human Services.
Books

Teaching Patients with Low Literacy Skills

This practical text, written by Cecilia Doak, Leonard Doak and Jane Root, guides the reader in developing the necessary tools for teaching those patients with limited literacy skills. Nurses will learn proven strategies for evaluating comprehension and teaching patients using written materials, tapes, video, computer aided instruction, visuals, and graphics. An abundance of case studies helps to demonstrate the application of teaching/learning theory to actual practice. Readers will also explore literacy issues in health care as well as the cultural impact on comprehension.

The Little Dental Drug Book

A pocket-sized book that is designed as a quick reference for the drugs most commonly used in dental practice. It includes practical, practice-oriented suggestions made by dental professionals and a section on prescription writing and prescription requirements. It also covers specific medical situations and the appropriate medications to be used.

Clinician’s Guide: Treatment of Common Oral Conditions

This monograph is intended as a quick reference to the etiologic factors, clinical description, currently accepted therapeutic management, and patient education of the more common oral condition.

© 2006 American Academy of Oral Medicine

Website: www.aaom.com

Health Literacy from A to Z--Health Literacy from A to Z: Practical Ways to Communicate Your Health Message, Second Edition

Clear communication of your health message can make all the difference in effective patient care. Filled with ideas and strategies that can be used in everyday practice, Health Literacy from A to Z is a first-of-its-kind resource. Learn the key principles and strategies of effective health communication presented in a simple, informal manner by one of the nation’s leading experts in health literacy.
**Electronic Media**

**AVDR Tutorial for Dentists**

ASK, VALIDATE, DOCUMENT AND REFER: Intervention for Domestic Violence

This CD provides a brief, interactive learning experience to help dentists and dental students respond to the challenging problem of domestic violence.

The 15 minute tutorial provides a case study demonstrating how to conduct the AVDR intervention—steps that can be used by dentists and other oral health care professionals as part of a simple, yet effective response to domestic violence.

CDE Available
Course Code: DE0015 - Domestic Violence: A Professional Response

**Baby Oral Health Program Kit**

The bOHP Kit© will help dental providers educate patients regarding infant and toddler oral health. The kit contains:

1. A DVD - 13 minutes in length that provides an overview of Early Childhood Caries and focuses on developing interviewing skills with caregivers, examining infants and toddlers, and educating caregivers on oral health related issues.
2. An Educational Flip Chart that outlines important domains related to infant and toddler oral health to help educate caregivers in the dental office.
3. A bOHP form used for new patient encounters. Part of this form includes the domains outlined in the enclosed caregiver educational flipchart for reference while interviewing a caregiver regarding a child’s oral health practices.

CDE (2 hours) and purchasing info available through The University of North Carolina at Chapel Hill.

Website: www.dent.unc.edu/patient/clinics/pediatric
Electronic Media

Emergency Medicine in the Dental Office

This DVD introduces you to the key steps in preparing your staff to better handle the many situations that can and do occur in dental offices.

In his virtual classroom, Dr. Stanley Malamed breaks down emergency situations using high definition 3D animations and dramatizations to give you the practical skills and insight you need to get it right...the first time.

Disk 1 (1 hour)
1. Preparation
2. Basic Management
3. Emergency Drug Kit
4. Syncope
5. Hypoglycemia
6. Seizure
7. Hyperventilation

Disk Two (1 hour)
8. Acute Asthmatic Attack
9. Airway Obstruction
10. Allergy
11. Drug Overdose
12. Angina
13. Acute Myocardial Infarction
14. Cardiac Arrest

If Saliva Were Red

Features an 8-minutes video that uses real dental professionals to highlight:

- Common infection control and safety flaws
- How to control contamination by using personal barrier protection, safe work practices, and effective infection control products, reduces the risk of exposure

An 8-page companion booklet - How to Tell the Story: A Trainer’s Guide - complements the video, providing the instructor with visual cues and talking points from the video, answers to common questions, a checklist of the elements of a comprehensive dental personnel training program, and lists of web resources.
Electronic Media

Classification of Parafunction & Clinical Examples of the NTI

A 3-disc DVD set course taught by Dr. Boyd and considered to be the essential course for the beginning clinician to the seasoned practitioner. The following topics covered:

- Part 1: Classification of Parafunction (Disk 1: 1 hour, 50 min)
- Part 2: Classification of Parafunction, continued (Disk 2: 2 hours, 8 minutes)
- Clinical Examples (Disk 3: 58 minutes)

The ABC’s of TMD’s

This 8-disc DVD set is a course in practical Temporomandibular Joint anatomy and physiology dysfunction and chronic pain issues. Diagnosis and treatment of these disorders emphasizing proper control of parafunction will be reviewed. This information is essential to all practicing dentists and will be immediately helpful in your daily practice. The various potentially confusing occlusal therapeutic concepts will be explored in detail. Diagnostically driven therapy including splint therapy and supportive therapy will be reviewed. The dentist’s role in headache therapy will be explored.

12 hours, 51 minutes, © 2007

NTI Fabrication & Delivery
Migraine Pathophysiology

A 2-disc DVD set. Watch Dr. Boyd go from the initial interview process with two different patients to the fabrication of the actual Nociceptive Trigeminal Inhibitory (NTI) appliances, including acrylic and monomer mix to the right consistency before placing into the matrix, followed by the sculpting and final fitting and delivery of the NTI. Dr. Boyd lectures on the pathophysiology of migraine.

NTI Fabrication: 1 hour
Migraine Pathophysiology: 1 hour
© 2006
Electronic Media

NTI Therapeutic Protocol
Diagnosis and prevention of TM Parafuction Disorders

A 4-disc DVD set covering:
- Disk 1: Practical Anatomy and purpose of the TM system
- Disk 2: Parafunctional activity and its consequences
- Disk 3: Diagnosing the source and symptoms
- Disk 4: Diagnosing the critical difference between occlusion and occluding
- Disk 5: NTI therapeutic protocol

Hands-on training emphasizing the common oversights and how to avoid (or rectify) them.

5 hours, 45 minutes, © 2007

TMD Intro for the General Dentist

This 3-disc DVD set covers:
- Disk 1: Anatomy, function and parafunction of the TM system
- Disk 2: The lexicon of disk displacement
- Disk 3: Diagnosing the source and symptoms and how to prevent them

3 hours, 40 minutes, © 2005

The Art of Healthy Teeth

This DVD features a 10-minute video casting the historical figure, artist, and inventor Leonardo da Vinci, in the role of teacher as he gives two modern day children a complete lesson on tooth care. The objectives of this video are:
- To identify foods that are good for your teeth.
- To explain how and why you should keep your teeth clean.
- To explain the importance of flossing.
Electronic Media

Baby’s First Smiles: Pass it On

This DVD features 8 short videos totaling 50-minutes of run-time that feature high quality, research-based, and culturally diverse information on “family-centered” approaches to promoting preventative oral health tools. The overall content promotes peer-to-peer, family-to-family learning, family-professional partnerships, and passing on the knowledge in their families and communities. Ideal for any parents visiting a dental clinic, WIC clinic, or Early Head Start/Head Start. The short videos include:

- What the Tooth Fairy Forgot to Tell Us!
- Starting Early
- Healthy Mouths
- Junk Mouths
- Family Matters
- Healthy Eating
- Going to the Dentist
- Community Partners
- Credits

Flossinator: Fighting Crime and Cavities

Children will enjoy watching this 11-minute DVD features a one-of-a-kind superhero video designed to educate children on the basics of brushing and flossing. Children can watch as Flossinator fights to save his friends and mankind’s teeth from Dr. Decay’s evil plans. Recommended for ages 7-9.

Open Wide: Tooth School Inside

This DVD is formatted to teach children about their teeth, mouths, and how important it is to take good care of them through two of the videos featured on the DVD: ‘Open Wide: Tooth School Inside’, and ‘Doctor De Soto’. Kids can watch and learn as the 32 cartoon teeth in ‘Open Wide: Tooth School Inside’ go to school and learn about dental hygiene facts. Recommended for ages 3-9.
Dental Hygiene for Kids of All Ages, With Sir Flossmore

This DVD features a 7-minute video perfect for teaching kids about tooth decay, how eating too much sugar increases the likelihood of tooth and gum disease, and the proper methods for brushing and flossing their teeth. Also features a 2-minute song designed and written to help kids brush for the proper amount of time, while having fun doing it. Recommended for ages 5 and up.
Patient Education Materials

Brochures

A Healthy Mouth for Life

Provides oral health tips for elders on:
• Caring for your teeth and gums
• Caring for your dentures
• Visiting the dentist

3-Panel measuring 3.6” x 8.5”

Diabetes and Oral Health

Provides information on the connection between diabetes and oral health. Highlights the stages, signs and symptoms of gum disease as well as ways to fight gum disease and maintain proper blood sugar level.

2-Sided measuring 6 x 9

Fluoride Treatments to Protect Your Child’s Teeth

What fluoride is, how fluoride varnish is applied, and who should receive fluoride varnish.

Also includes a log to track each fluoride varnish application.

3-Panel measuring 4” x 4”

For a Healthy Pregnancy & a Healthy Baby

Oral health tips for a healthy pregnancy and why oral health is so important during pregnancy.

2-Sided measuring 4” x 9”
Patient Education Materials
Brochures

Healthy Gums for a Healthy Mouth
Provides information on plaque and tartar, stages of gum disease, signs and symptoms of gum disease, ways to fight gum disease and treatment options.

3-Panel measuring 3.6” x 8.5”

Lift the Lip
Brochure shows parents how to check their child’s teeth for tooth decay and early cavities.

Handy stickers can be used by parents to remind themselves to check their child’s teeth once a month for tooth decay.

Fold-Over 4” x 5” and Monthly Reminder Stickers

Tooth Arrival Chart
Identifies the number and location of teeth that parents can expect to see at a given age. Baby teeth are shaded in blue and permanent teeth are shown in white.

2-Sided measuring 3.75” x 9”

Taking Care of Our Children’s Teeth
A short story for the whole family highlighting what families can do to take care of children’s teeth.

Booklet measuring 8.5” x 11”
**Patient Education Materials**

**Posters**

*In a Dental Emergency*

Lists what to do when a child has a knocked out tooth, broken tooth, bitten lip or tongue, or object stuck between teeth.  
*Audience: WIC, Head Starts, School Nurses*

Measures 11” x 17”

*First Tooth, First Exam*

Poster lists IHS/Tribal dental clinics located in the Albuquerque Area with phone numbers. Describes what to do when first tooth appears.

Measures 11” x 17”

*Baby Poster*

“Babies are precious...so are their teeth”

Measures 12” x 18”

*Grandchildren Poster*

“Grandchildren are precious...so are their teeth”

Measures 12” x 18”

*Children Poster*

“Children are precious...so are their teeth”

Measures 12” x 18”
Patient Education Materials

Posters

**Teen – Children’s Dental Health Month**

“Children are precious...so are their teeth”

Measures 12” x 18”

**Teen Sports Poster**

“Nothing is worse than losing... especially your teeth”

Measures 12” x 18”

**Teen Sports Losing**

“Nothing is worse than losing... especially your teeth”

Measures 12” x 18”

Presentations

**Dental Health: Brush Away Tooth Decay**

School-based presentations provides age appropriate basic information on the importance of keeping teeth clean and healthy. Each section (sections are grouped by grade level: K-3; 6-8; 9-12) gives you tools that can help you teach students the fundamentals of good oral health care.

These presentations can be delivered from a laminated hard copy or electronically. Activity sheets are included for grades K-12.

**A Pediatric Guide to Children’s Oral Health**

Flip Chart and Reference Guide produced by American Academy of Pediatrics provides practitioners with tools to address oral health concerns of young children. This convenient flip chart guides conversations with parents and provides key oral health information including full color pictures and illustrations to show parents as well as talking points for clinicians.

Website: [www.dent.unc.edu/patient/clinics/pediatric](http://www.dent.unc.edu/patient/clinics/pediatric)
Presentations

The Gross, Disgusting and Totally Cool Mouth Book

This picture book, by Theodore Croll, DDS, will positively help your patients make the best choices. This spiral-bound book contains 48 large “gross, disgusting and totally cool,” images that serve as unforgettable examples of real life and will influence patients dramatically. Concise, easy-to-understand written explanations accompany every photo and help parents and care providers understand the need for simple but complete daily home care, right from the beginning. Includes lessons on the need for mouth guards, caring for orthodontic braces and proper hygiene.

Spiral-bound.

Dentist-Patient Consultation Illustrations

Convenient flip chart to guide conversations with parents and providing oral health information. This flip chart includes full color pictures and illustrations to show parents dental procedures and treatments.

Oral Health and You

The Missouri Department of Health and Senior Services originally created these oral health education Power Point presentations. They were designed specifically for Kindergarten-High School Seniors. With permission, we updated the presentations for our population, including culturally appropriate language and photos. The presentations (K-3rd grades, 6-8 grades, 9-12 grades) can be used by school health nurses or teachers, as well as by other health care/child care professionals, in conjunction with their health curriculum.
Other Materials

**First Birthday Card**

Reminds parents that babies should see the dentist by their first birthday and includes tip for parents on how to help their baby keep a healthy mouth.

Provides a coupon to receive a free gift for baby upon their first dental exam (provided at participating clinics).

Includes and envelope and the list of IHS/Tribal dental clinics located in the Albuquerque Area.

Folded card with envelope measuring 4.5” x 6.25”

**Prescription Pad**

Use just like any other prescription pad except this is a prescription to visit the dentist. Clinic locations and phone numbers are listed on the back of each tear off sheet.

Measures 5” x 4”

**Children are Precious... So Are Their Teeth Postcard for Children’s Dental Health Month**

(Front) “Children are precious...so are their teeth.”

(Back) “February is Children’s Dental Health Month. Make an appointment at your dental clinic today!” Space available to put your dental clinic information and address label.

**Children are Precious... So Are Their Teeth Postcard**

(Front) “Children are precious...so are their teeth.”

(Back) Blank space to put your dental clinic information and address label.